

START YOUR
APPLIED FUNCTIONAL SCIENCE[®]
JOURNEY TODAY...

GET
CERTIFIED



CERTIFICATION IN APPLIED FUNCTIONAL SCIENCE[®]
IS THE PREMIER CERTIFICATION TO GIVE MOVEMENT
PROFESSIONALS FROM ALL INDUSTRIES THE SKILLS
AND KNOWLEDGE TO DEVELOP CUSTOM ASSESSMENT,
TREATMENT AND TRAINING PROGRAMS TAILOR MADE
FOR EACH UNIQUE INDIVIDUAL.

LEARN MORE AT WWW.GRAYINSTITUTE.COM



GRAY INSTITUTE[®]

WWW.GRAYINSTITUTE.COM • INFO@GRAYINSTITUTE.COM • 866.230.8300

ONLINE CERTIFICATION IN APPLIED FUNCTIONAL SCIENCE®

CAFS is the first certification of its kind that will empower the movement professional to treat and train every client as a unique individual. There are no universal protocols or screens that apply to all clients. Instead, CAFS will reveal a process of observation and manipulation to identify dysfunction and create treatments and programs for the clients specific needs based on their individual abilities and goals.

WHAT YOU WILL LEARN:

1. The Process of Applied Functional Science®
2. 10 Observational Essentials of All Movement
3. The 8 Fundamental Movement Patterns
4. Endless Assessment and Movement Variables
5. The Local/Global Movement Continuum
6. 4 step process to Individualized Program Design
7. Functional Movement Assessments
8. How to utilize Local and Global assessments and corrections for the following areas:

Foot/Ankle	Lumbar Spine
Knee	Thoracic Spine
Hip	Cervical Spine
Shoulders	

ONLINE

CAFS is entirely online and can be completed at your own pace. Once enrolled, the student will have access to the content for a period off three years and can continue to access the content even after completion.

CEU'S/CEC'S

CAFS has been approved for up to 25 contact hours worth of video, testing and supporting documents from multiple certifying bodies. For a complete list of CEU values and approved organizations please visit our website at www.grayinstitute.com

FOR MOVEMENT PROFESSIONALS

CAFS was designed and created for movement professionals of all backgrounds. The content will apply to: Physical Therapists, Physical Therapist Assistants, Personal Trainers, Athletic Trainers, Massage Therapists, Osteopaths, Strength and Conditioning, and anyone else working in the field of human movement

